



# **ARMY INSTITUTE OF EDUCATION**

Plot M-1, Pocket P-5, Sec. CHI, Greater NOIDA

(Affiliated to GGSIP University, New Delhi)

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## **PAPER PRESENTATION AT NATIONAL SEMINAR**

A National seminar on **Empowering the Prospective Teachers in Life Skills** was organized by Gitarattan Institute of Advanced Studies and Training, Rohini, Delhi, on 31 January 2019. The seminar intended to provide a common platform for researchers, academicians and eminent educationalists from the field of education to share their experiences and deliberate upon the significance to empower students with Life Skills. The seminar was Inaugurated by auspicious lamp lighting ceremony by chief guest Dr. Vandana Saxena and Prof. Sonia Jindal, Principal GIAST.

Technical Sessions I & II were chaired by Dr. Sandeep Kumar and Technical Sessions III & IV were chaired by Dr. Ashish Ranjan. Following were the Sub Themes of the seminar:

- ❖ **Reflection on Core Life Skills**
- ❖ **Life Skills addressing key issues and concerns of adolescent students**
- ❖ **Inculcating and strengthening the Life Skills**
- ❖ **Responsibilities of teachers in nurturing the Life Skills**

Four student-teachers of Army Institute of Education participated in the seminar. Ms Ashu Kanyal and Ms Sunita Samant as paper presenters and Mr Manvendra Singh and Mr Shankar Suman Singh as participants. They presented a paper related to the Sub Theme IV: **Responsibilities of Teachers in Nurturing the Life Skills.**



**Ms. Ashu Kanyal & Ms. Sunita Samant, student-teachers of AIE presenting their paper during the National Seminar.**

The introductory section was followed by a discussion of young adolescent development, Life Skills and core elements of Life Skills training. The need to teach life skills formally and systematically to middle and junior high school students, for surviving, living with others and succeeding in a complex.

Life Skills education plays a major role in enabling individuals to translate knowledge, attitudes and values into actual abilities in referencing to what to do and how to do it. They emphasized that the teachers and head teachers should be re-trained in Life Skills education regularly. In order to improve Life Skills, teachers need to prepare schemes of work for Life Skills, follow the prescribed syllabus and appreciate Life Skills education.

**Dr. Ashish Ranjan** enlightened the audience with his knowledge and ideas on Life Skills. His session was very interactive as lots of teachers and student-teachers were taking part in the session and also asking their queries.

In the end, **Principal GIAST** extended a Vote of thanks to the guest for sharing his precious knowledge with everyone.